

## AN OFFICIAL BOWLS AUSTRALIA PUBLICATION

# ADVANCED COACH REACCREDITATION







Bowls Australia's Advanced Coach Reaccreditation process is made up of a number of elements, in order to effectively measure the competency of those seeking reaccreditation. Each element will be assessed to identify whether the reaccrediting coach still meets and maintains the competencies required of an Advanced Coach.

#### Competencies that must be met by the reaccrediting coach include:

- 1. Able to demonstrate that professional behaviours and standards expected of an Advanced Coach have been maintained over four years;
- 2. Demonstrated positive and inclusive coaching philosophy;
- 3. Identify personal strengths and limitations, demonstrate techniques for improving coaching performance from year to year.
- 4. Management of a coaching program by creating a support network for stakeholders and players;
- 5. Development and implementation of a season, weekly and session plans for a team or an individual;
- 6. Design and execute training drills and activities appropriate to the level of players being coached;
- 7. Modify coaching and training to cater for different learning and personality styles;
- 8. Apply technique analysis using biomechanical principles and various technologies to instruct the player;
- 9. Identification of how to approach coaching a range of players at different growth and development stages;
- 10. Knowledge of assisting players to use correct nutritional strategies to enhance bowls performance.
- 11. Use of basic psychological training skills to assist players prepare for bowls performance;
- 12. Provide basic information to players regarding anti-doping issues;
- 13. Current First Aid and CPR qualifications.

#### To reaccredit, coaches will be required to:

- Be actively coaching at one of the following levels: National, State, Zone or Club Performance team;
- Provide documentation evidence of certain qualification and accreditations;
- Reflect on their own coaching over the past four years;
- Submit a coaching resume from the past four years (duration of the period of accreditation);
- Submit season, weekly and session plans;
- Provide details of any major initiatives pursued since the course;
- Provide an extended answer/paragraph to each case study (400 words)

Once all work is submitted it will be assessed by a Bowls Australia assessor. Please note that the assessor may require either a phone interview or a follow up discussion via email with you to get a clearer picture of your skills as an Advanced Coach.

#### The required steps to reaccredit are:

- 1. Fill out the Advanced Coach Reaccreditation Form (\$50 fee);
- 2. Create a Bowls Australia E-Learning Hub account;
- 3. Enroll into the Advanced Coach Reaccreditation Course;
- 4. Download the required answer templates and complete all "Assessment Work" (below);
- 5. Submit all work through the E-Learning Hub.

For further instruction relating to the above steps please read further on to the section "Further Instructions on the steps to reaccredit as an Advanced Coach".

#### **Assessment Work:**

Below is an outline of the work you will need to complete and then submit for your reaccreditation. All pieces of work must be submitted to Bowls Australia via the E-Learning Hub. Please a keep a copy of your submissions for your own record.

- 1. Please provide a current copy of your:
- Current Working With Children Check (State or Territory requirements);
- Minimum First Aid certificate (HLTFAID003 Provide First Aid);
- ASADA online certificate level 2 of the current year e.g. 2017 if reaccrediting in 2017;
- Signed Bowls Australia Coaches Code of Conduct copy can be downloaded from the E-Learning hub.

Tick once completed

- 2. Provide a written "Coaching Philosophy" (400 words maximum) indicating how this philosophy may have changed since completing the course.
- For this task you will be able to download an answer template from the Bowls Australia E-Learning Hub.

Tick once completed

- 3. Provide a Resume of coaching roles over the previous four years.
- For this task you will be able to download an example resume from the Bowls Australia E-Learning Hub.

Tick once completed

- 4. Provide evidence of Planning (season, week, session) for a team you've coached or for an individual you've coached;
- Seasonal plans from the previous two years;
- 2 x weekly plans, one from each seasonal year;
- $2\ x$  session plans for sessions delivered as part of the weekly plans.

Tick once completed

- 5. Provide evidence of effective Communication as a coach (meetings, newsletters, training activities, handouts, technology, etc.); Provide examples and show how this communication differs from athlete to athlete.
- For this task you may wish to submit documents, photos, emails or videos which show examples of your communication. For each example of evidence submitted please include a brief description explaining what kind of communication you are using and why.

  Tick once completed
- 6. Provide evidence of any Major Initiatives pursued since the course (use of technology, changes to coaching methods used, use of other experts, development of a coaching program, etc.) and Self-education (coaching qualifications of other sports (equivalent or higher), AIS online coaching modules, personal development).
- For this task please provide evidence and a written report regarding your Major Initiative. It could be how you have used technology to help develop players' techniques, in this case in the report discuss what program you use and why, how you shared feedback and then details about the follow-up process to monitor progress.

Or, it might be that you have established a coaching program within your club connecting multiple coaches to service all participants from grass-roots juniors to new bowlers to elite teams. In the report explain how you established the program, what steps you followed, who was involved, why it was implemented and what the results have been.

For the Self-education element please provide evidence of what self-education you have undertaken. It could be online learning certificates or an enrollment receipt for an excel course. Furthermore, explain why you undertook a course or further education and how it has developed you as a coach.

Tick once completed

### 7. Coach as a Learner: Conduct a self-review with your athletes, peers, club members and of course, yourself. You will need to provide details and submit:

- a) A copy of the feedback tool you used and why you used it;
- b) In your own words, a summary of all the feedback you gathered and what you drew from the process;
- c) Indicate at least two areas you would like to develop within your coaching from the feedback and why; and
- d) How will you develop these two areas of coaching? What knowledge and or skills are required? What resources are needed?

For this task you will be able to download an answer template from the Bowls Australia E-Learning Hub.

Tick once completed

#### 8. Provide a response to the two Case Studies.

- For this task you will be able to download an answer template from the Bowls Australia E-Learning Hub. This template has the written case studies.

Tick once completed

#### Further Instructions on the steps to reaccredit as an Advanced Coach (from page 1).

#### 1. Fill out the Advanced Coach Reaccreditation Form.

You must complete the Advanced Coach Reaccreditation Form and submit it, via email, to **Steve Campbell – Education & Training Coordinator via scampbell@bowlsaustralia.com.au.** 

A copy of the form would have been sent out with this document however you can also download the form from the Bowls Australia website (www.bowls.com.au).

#### 2. Create a Bowls Australia E-Learning Hub account.

To create an account **click here**, this will take you to the front page of Bowls Australia E-Learning Hub. You will need to create an account by clicking on the green "Create new account" button located towards the bottom right of the screen.

You will then need to fill in your details and a working email. Once you have finished click on the "create my new account" button at the bottom of the screen.

A confirmation email will be sent to you, you will need to open this email and confirm your new E-Learning account. Once you have confirmed your account please inform **Steve Campbell – Education & Training Coordinator via scampbell@bowlsaustralia.com.au.** 

Please remember your username and password as you will need this to log in to your account.

#### 3. Enrollment into the Advanced Coach Reaccreditation Course

Once you have informed Bowls Australia that you have created your account (see step above) you will be enrolled into the Advanced Coach Reaccreditation course.

You will then need to login to the E-Learning Hub to access the course using the username and password for your account. You can do that by **clicking here**.

Once you have logged in you will see a box in the top right corner with the course name "Advanced Coach Reaccreditation". Click on the course name and this will take you the course home page.

#### 4. Download the required answer templates and complete all Assessment Work (outline above).

As highlighted earlier in this document you will be required to complete eight pieces of Assessment Work. Answer templates for the following Assessment Work items have been provided:

- Bowls Australia Coaches Code of Conduct:
- Coaching Philosophy;
- Example Resume;
- Coach as a Learner: self-review tool;
- Case study template.

The above templates and examples are located under the "Answer Templates" heading in the E-Learning Hub. Click on the required template, you will then need to save the template onto your computer. Please save and name the file in the following format: Your name and then the Assessment Work title, for example John Smith – Coaching Philosophy or John Smith - Resume.

All templates will need to be answered using Microsoft Word program on your computer. For all other pieces of Assessment Work you will need to create or locate your own

#### 5. Submit all work through the E-Learning Hub.

Login into your E-Learning Hub account. Within the Advanced Coach Reaccreditation course, at the bottom, you will see an "Upload Assessment Work" heading. This is where you can upload each piece of your Assessment Work. Each item of Assessment Work must be uploaded into the correct area;

- Click on the name of the Assessment Work you wish to upload;
- Scroll down and click on the green "Add submission" button;
- Either drag and drop you Assessment Work file into the dotted line box OR, click on the plus file button located above the top left corner of the dotted line box;
- If you clicked on the plus file button, a new screen will pop up. On the left hand side of the pop up box select "Upload a file", then click on the grey "Choose File" button;
- Navigate to the location where you saved your file and click on it. Click the open button located at the bottom right and then click the green "upload this file";
- Finally click the green "Save Changes" button at the bottom of the screen to submit your Assessment Work.

If you have any questions regarding the assessment work, E-Learning Hub or reaccreditation process please contact Steve Campbell – Education and Training Coordinator via scampbell@bowls.com.au.