



BOWLS ACT'S PATHWAY TO PODIUM



COACHING

NATIONAL COACH
(HP Coach, Advanced Coach)

PATHWAYS COACH
(HP Coach, Advanced Coach)

STATE COACH
(Advanced Coach, Club Coach,
Representative Coach)

PRE-ELITE LEVEL
(Advanced Coach, Club Coach, Academy Coach)

FOUNDATION LEVEL
(Club Coach, Development Coach)

PARTICIPATION
(Introductory Coach, Schools Programs)

OPEN PROGRAM

JACKAROOS
(Australian Selected - Consistent
International and National podiums)

EMERGING JACKAROOS
(Australian Selected. Consistent podiums -
National events, camps, trials, State
events, rankings)

PATHWAYS ATHLETE
(Australian Selected. Consistent results -
State Championships, State Junior
Championships)

OPEN REPRESENTATIVE
(Pennant, North v South, State
Championships, State Squad)

CAPITAL ACADEMY
(U-21 Squad, U-25 Squad)

JUNIOR REPRESENTATIVE
(Junior Championships, Junior
Representative Squad)

CLUB LEVEL
(Club championships, Pennant,
Social Championships)

INTRODUCTION TO BOWLS
(Come and try days, Corporate Bowls, Jack
Attack, Barefoot Bowls, Rookie Rollers)

PARA PROGRAM

COMMONWEALTH GAMES PARA TEAM
(Results - Commonwealth Games podiums,
trials, camps)

PATHWAYS ATHLETE
(Australian Selected - Para Nationals, Aus Open's
Multi Disability and VI events, Multi Disability
Championships, VI State Championships)

AWD SQUAD
(Results - Aus Open's Multi Disability
and VI events)

AWD REPRESENTATIVE
(Pennant, North v South, State
Championships, State Squad)

CAPITAL ACADEMY
(U-21 Squad, U-25 Squad)

JUNIOR REPRESENTATIVE
(Junior Championships, Junior
Representative Squad)

CLUB LEVEL
(Club championships, Pennant,
Social Championships)

INTRODUCTION TO BOWLS
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Attack, Barefoot Bowls, Rookie Rollers)

TARGETED PERFORMANCE INDICATORS

PHYSICAL
Maximising performance
through physical
wellbeing

TACTICAL
Developing tactical
knowledge through
experience and education

TECHNICAL
Highly developed
technical ability

TRAINING
Targeted skill development,
physical and mental fitness
training

COMPETITION
Planned, prioritised,
goal setting in
preparation of events

PSYCHO-SOCIAL
Healthy life blend

PSYCHOLOGICAL
Developed mental
strength and general
wellbeing