BOWLS
NORTHERN TERRITORY

BOWLS NT'S PATHWAY TO PODIUM

AUSTRALIAN JACKAROOS · BOWLS AUSTRALIA · AIS · COMMONWEALTH GAMES

OPEN PROGRAM

JACKAROOS
(Australian Selected - Consistent International and National podiums)

EMERGING JACKAROOS
(Australian Selected. Consistent podiums - National events, camps, trials, State events, rankings)

PATHWAYS ATHLETE
(Australian Selected. Consistent results - State Championships, State Junior Championships)

STATE TEAM
(Results in trials)

STATE SQUAD
(Results in State Championships)

STATE CHAMPIONSHIPS
(Results in Club events)

CLUB LEVEL
(Participation and results in Club Championships, Pennant)

INTRODUCTION TO BOWLS
(Rookie Rollers and Barefoot Bowls)

PARA PROGRAM

COMMONWEALTH GAMES PARA TEAM
(Results - Commonwealth Games podiums, trials, camps)

PATHWAYS ATHLETE
(Australian Selected - Para Nationals, Aus Open's Multi Disability and VI events, Multi Disability Championships, VI State Championships)

AWD SQUAD
(Results - Aus Open's Multi Disability and VI events)

NATIONAL PARTICIPATION DISABILITY EVENTS
(Para Nationals, Aus Open's Multi Disability and VI events)

CLUB COMPETITIONS
(Participation Club Championships)

INTRODUCTION TO BOWLS
(Rookie Rollers and Barefoot Bowls)

TARGETED PERFORMANCE INDICATORS

PHYSICAL
Maximising performance through physical wellbeing

TACTICAL
Developing tactical knowledge through experience and education

TECHNICAL
Highly developed technical ability

TRAINING
Targeted skill development, physical and mental fitness training

COMPETITION
Planned, prioritised, goal setting in preparation of events

PSYCHO-SOCIAL
Healthy life blend

PSYCHOLOGICAL
Developed mental strength and general wellbeing