



# BOWLS SA'S PATHWAY TO PODIUM



## OPEN PROGRAM

**JACKAROOS**  
(Australian Selected - Consistent International and National podiums)

**EMERGING JACKAROOS**  
(Australian Selected. Consistent podiums - National events, camps, trials, State events, rankings)

**PATHWAYS ATHLETE**  
(Australian Selected. Consistent results - State Championships, State Junior Championships)

**NATIONAL RESULTS**  
(Aus Open, the Nationals, Aus Indoor Championships)

**NATIONAL PERFORMANCES**  
(Australian Sides Championships)

**STATE**  
(Results - State Open Championships, BA Ranking Events or major tournaments)

**STATE OPEN**  
(State Open Squads/Teams)

**RESULTS**  
(Club Championship Events)

**CLUB LEVEL**  
(Selection - Pennant)

**INTRODUCTION TO BOWLS**  
(Night Owls, Come and try days, Corporate Bowls, Jack Attack, Barefoot Bowls)

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## PARA PROGRAM

**PARA JACKAROOS**  
(Australian Selected. Consistent International and National podiums)

**EMERGING PARA JACKAROOS**  
(Australian Selected. Consistent podiums - National events, camps, trials, State events, rankings)

**PATHWAYS ATHLETE**  
(Australian Selected. Consistent results - National & Championships)

**NATIONAL RESULTS**  
(Aus Open, the Nationals)

**NATIONAL PERFORMANCES**  
(Para Nationals)

**STATE PARA**  
(Results - State Para Championships)

**STATE PARA**  
(State Para Squads/Teams)

**RESULTS**  
(Club Championship Events)

**CLUB LEVEL**  
(Selection - Pennant)

**INTRODUCTION TO BOWLS**  
(Night Owls, Come and try days, Corporate Bowls, Jack Attack, Barefoot Bowls)

**INTRODUCTION TO BOWLS**  
(Night Owls, Come and try days, Corporate Bowls, Jack Attack, Barefoot Bowls)

## OVER-60S PROGRAM

**AUSTRALIAN OVER-60S JACKAROOS**  
(Australian Selected - Consistent International and National podiums)

**NATIONAL RESULTS**  
(Aus Open, the Nationals, Aus Indoor Championships)

**NATIONAL PERFORMANCES**  
(Australian Sides Championships)

**OVER-60S RESULTS**  
(State events, Seniors Supa Series, Country Round Robin, Prestige Medley, BA Ranking Events or major Tournaments)

**STATE OVER-60S SIDE**  
(State Open Squads/Teams)

**RESULTS**  
(Club Championship Events)

**CLUB LEVEL**  
(Selection - Pennant)

**INTRODUCTION TO BOWLS**  
(Come and try days, Corporate Bowls, Jack Attack, Barefoot Bowls)

**INTRODUCTION TO BOWLS**  
(Come and try days, Corporate Bowls, Jack Attack, Barefoot Bowls)

## UNDER-18 PROGRAM

**JACKAROO**  
(Australian Selected - Consistent International and National podiums)

**EMERGING JACKAROO**  
(Australian Selected. Consistent podiums - National events, camps, trials, State events, rankings)

**PATHWAYS ATHLETE**  
(Australian Selected. Consistent results - State Championships, State Junior Championships)

**NATIONAL RESULTS**  
(Aus Open, the Nationals, Aus Indoor Championships)

**NATIONAL PERFORMANCES**  
(Australian Sides Championships)

**RESULTS**  
(State Under-18 Championships)

**STATE UNDER-18**  
(State Under-18 Squad)

**RESULTS**  
(Club Championship Events)

**CLUB LEVEL**  
(Selection - Pennant)

**INTRODUCTION TO BOWLS**  
(Come and try days, Corporate Bowls, Jack Attack, Barefoot Bowls)

**INTRODUCTION TO BOWLS**  
(Come and try days, Corporate Bowls, Jack Attack, Barefoot Bowls)

## TARGETED PERFORMANCE INDICATORS

**PHYSICAL**  
(Maximising performance through physical wellbeing)

**COMPETITION**  
(Planned, prioritised, goal setting in preparation of events)

**TACTICAL**  
(Developing tactical knowledge through experience and education)

**PSYCHO-SOCIAL**  
(Healthy life blend)

**TECHNICAL**  
(Highly developed technical ability)

**PSYCHOLOGICAL**  
(Developed mental strength and general wellbeing)

**TRAINING**  
(Targeted skill development, physical and mental fitness training)