





# BOWLS AUSTRALIA'S NATIONAL PATHWAY TO PODIUM





# **OPEN PROGRAM**



IACKAROO (Australian Selected - Consistent International and National podiums)



(Australian Selected. Consistent results -State Championships, State Junior Championships)

# **NATIONAL RESULTS**

(Aus Open, The Nationals, Aus Indoors)

## STATE

Results - State Open Championships, BA Ranking **Events or major tournaments** 

#### **REGIONAL/ZONE**

Results - Regional/Zone **Championship Events** 

#### **RESULTS**

**State Junior Championship Events** 

#### **RESULTS**

Regional/Zone Junior **Championship Events** 

## **RESULTS**

**Club Championship Events** 

# **INTRODUCTION TO BOWLS**

(Come and try days, Corporate Bowls, Jack Attack, Barefoot Bowls)

# **EMERGING JACKAROO**

(Australian Selected. Consistent podiums -National events, camps, trials, State events, rankings)

# **PATHWAYS ATHLETE**

# **NATIONAL PERFORMANCES**

(Australian Sides Championships)

# STATE OPEN

(State Open Squads/Teams)

#### **REGIONAL/ZONE OPEN**

(Regional/Zone Squads/Teams)

#### **STATE JUNIORS**

(State Junior Squads/Teams)

#### **REGIONAL/ZONE JUNIORS**

(Regional Junior squads/Teams)

#### **CLUB LEVEL**

(Selection - Pennant)

# **INTRODUCTION TO**

#### **BOWLS** ome and try days, Corporate Bowls, Jack Attack, Barefoot Bowls)

# **PARA PROGRAM**

#### **PARA JACKAROOS**

(Australian Selected. Consistent International and National podiums)

# **EMERGING PARA JACKAROO**

(Australian Selected, Consistent podiums - National events, camps, trials, State events, rankings)

## **PATHWAYS ATHLETE**

(Australian Selected. Consistent results -National & Championships)

# **NATIONAL RESULTS**

(Aus Open, The Nationals)

## **STATE PARA**

(Results - State Para and VI Championships)

#### **CLUB LEVEL**

(Results - Club Championships)

## INTRODUCTION TO **BOWLS**

(Come and try days, Corporate Bowls, Jack Attack, Barefoot Bowls)

#### NATIONAL PERFORMANCES

(Australian Multi-Disability Championships and National **Blind Bowls Championships)** 

#### **STATE OPEN**

(State Para Squads/Teams)

# **CLUB LEVEL**

(Selection - Pennant)

#### **INTRODUCTION TO BOWLS**

(Come and try days, Corporate Bowls, Jack Attack, Barefoot Bowls)

Para athletes are encouraged to also compete in open pathway opportunities

# **TARGETED PERFORMANCE INDICATORS**

# **PHYSICAL**

Maximising performance through physical wellbeing

# **TACTICAL**

**Developing tactical** knowledge through experience and education

# **TECHNICAL**

Highly developed technical ability

#### **TRAINING**

Targeted skill development, physical and mental fitness training

# COMPETITION

Planned, prioritised, goal setting in preparation of events

# **PSYCHO-SOCIAL**

Healthy life blend

# **PSYCHOLOGICAL**

**Developed mental** strength and general wellbeing